

SUNDAY WITHIN THE OCTAVE OF CORPUS CHRISTI – JUNE 14, 2020
PNCC SUNDAY WORSHIP FOR THOSE UNABLE TO ATTEND HOLY MASS DUE TO COVID 19

HYMN – HALLOWED BE FOREVER

Hallowed be forever, living host divine, In which Christ our savior hidden is sublime.
: Hail Thou Jesus Son of Mary. Thou art God Eternal, wond'rous mystery! :

Hallowed be forever, Thou angelic bread, Sacrament most holy, by which we are fed. *(Refrain)*

Hallowed be forever, Shepherd Crucified, For us Thou did suffer, for us thou hast died.
(Refrain)

Hallowed be forever, ris'n in victory, In this bread most holy we would worship Thee. *(Refrain)*

In the name of the ✠ Father and of the Son of the Holy Spirit. Amen.

Blessed be the Holy and Undivided Trinity, now and forever. Amen.

Dear Father in heaven, thank You for bringing me safely to the beginning of a new day. Keep me safe throughout the day from temptation, sin and evil. O Lord, by Your help and guidance may my thoughts, words and all that I do be in accordance with Your holy will. Amen.

ACT OF CONTRITION

O God, from the depth of my heart I am sorry for sinning against You. Through my sins I have turned away from You, displeased You and offended You. I promise to confess my sins, to do penance and with Your grace to amend my life by following You closely and keeping Your commandments.

ENTRANCE HYMN

V. Lord You nourished Your people with food of angels and furnished them bread from heaven, ready to hand, untoiled for, endowed with all delights and conforming to every taste.

R. For this substance of Yours revealed Your sweetness toward Your children, and serving the desire of him who received it, was blended to whatever flavor each one wished.

V. Glory be to the Father, and to the Son, and to the Holy Spirit,

R. As it was in the beginning, is now, and ever shall be, world without end. Amen.

THE KYRIE

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

THE GLORIA

Glory to God in the Highest, and peace to His people on earth.

Lord God, heavenly King, almighty God and Father, we worship You, we give You thanks, we praise You for Your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, You take away the sins of the world: have mercy on us. You are seated at the right hand of the Father: receive our prayer.

For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of ✠ God the Father. Amen.

OPENING PRAYER

Let us pray.

Heavenly Father, in this wondrous Sacrament You left us a memorial of the passion and death of Your Son, Jesus. May we, who so reverence His Body and Blood, perceive within ourselves the efforts of His redemption.

We ask this through the same Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen.

FIRST READING: Deuteronomy 8:2-3, 14-16

Moses said to the people: "Remember how for forty years now the Lord, your God, has directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments.

He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers, in order to show you that not by bread alone does one live, but by every word that comes forth from the mouth of the Lord.

"Do not forget the Lord, your God, who brought you out of the land of Egypt, that place of slavery; who guided you through the vast and terrible desert with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers."

This is the Word of the Lord. *Thanks be to God.*

RESPONSORIAL PSALM:

Glorify the Lord, O Jerusalem; praise your God, O Zion.

For he has strengthened the bars of your gates; he has blessed your children within you.

Praise the Lord, Jerusalem.

He has granted peace in your borders; with the best of wheat he fills you.

He sends forth his command to the earth; swiftly runs his word!

Praise the Lord, Jerusalem.

He has proclaimed his word to Jacob, his statutes and his ordinances to Israel.

He has not done thus for any other nation;

his ordinances he has not made known to them. Alleluia.

Praise the Lord, Jerusalem.

SECOND READING: 1Corinthians 10:16-17

Brothers and sisters:

The cup of blessing that we bless, is it not a participation in the blood of Christ?

The bread that we break, is it not a participation in the body of Christ?

Because the loaf of bread is one, we, though many, are one body,

for we all partake of the one body.

This is the Word of the Lord. *Thanks be to God.*

SEQUENCE:

Laud, O Zion, your salvation,

Laud with hymns of exultation,
Christ, your king and shepherd true:

Bring Him all the praise you know,
He is more than you bestow,
Never can you reach His due.

Special theme for glad thanksgiving
Is the quick'ning and the living
Bread today before you set:

From His hands of old partaken,
As we know, by faith unshaken,
Where the Twelve at supper met.

Full and clear ring out your chanting,
Joy near sweetest grace be wanting,
From your heart let praises burst:

For today the feast is holden,
When the institution olden
Of that Supper was rehearsed.

Here the new law's new oblation,
By the king's revelation,
Ends the form of ancient rite:

Now the new the old effaces,
Truth away the shadow chases,
Light dispels the gloom of night.

What He did at Supper seated,
Christ ordained to be repeated,
His Memorial ne'er to cease:

And His rule for guidance taking,
Bread and wine we hallow, making
Thus our Sacrifice of Peace.

This the truth each Christian learns,
Bread into His Flesh He turns,
To His precious blood the wine:

Sight has failed, nor thought conceives,
But a dauntless faith believes,
Resting on a power divine.

Here beneath these signs are hidden
Priceless things to sense forbidden;
Signs, not things, are all we see:

Blood is poured and Flesh is broken
Yet in either wondrous token
Christ entire we know to be.

Whoso of this food partakes,
Does not rend the Lord nor breaks;
Christ is whole to all that taste:

Thousands are, as one, receivers,
One, as thousands of believers,
Eats of Him Who cannot waste.

Bad and good the feast are sharing,
Of what divers dooms preparing,
Endless death, or endless life.

Life to these, to those damnation,
See how like participation
Is with unlike issues rife.

When the Sacrament is broken,
Doubt not, but believe 'tis spoken,
That each severed outward token
doth the very whole contain.

Naught the Precious Gift divides,
Breaking but the sign betides
Jesus still the same abides,
still unbroken does remain.

Lo! the angel's food is given
To the pilgrim who has striven;
See the children's bread from heaven,
which on dogs may not be spent.

Truth the ancient types fulfilling,
Isaac bound, a victim willing,
Paschal Lamb, its life blood spilling,
manna to the fathers sent.

Very bread, Good Shepherd, tend us,
Jesu, of Your love befriend us,
You refresh us, You defend us,
Your eternal goodness send us
in the land of life to see.

You Who all things can and know,
Who on earth such food bestows,
Grant us with Your saints, though lowest,
Where the Heavenly Feast You show,
Fellow heirs and guests to be.

Amen. Alleluia.

ALLELUIA VERSE: John 6:51

Alleluia, Alleluia, Alleluia.

I am the living bread that came down from heaven, says the Lord;
whoever eats this bread will live forever.

Alleluia, Alleluia, Alleluia.

THE GOSPEL: - John 6:51-58

Jesus said to the Jewish crowds:

"I am the living bread that came down from heaven;
whoever eats this bread will live forever;
and the bread that I will give is my flesh for the life of the world."

The Jews quarreled among themselves, saying,
"How can this man give us his flesh to eat?"

Jesus said to them, "Amen, amen, I say to you,
unless you eat the flesh of the Son of Man and drink his blood,
you do not have life within you.

Whoever eats my flesh and drinks my blood has eternal life,
and I will raise him on the last day.

For my flesh is true food, and my blood is true drink.

Whoever eats my flesh and drinks my blood remains in me and I in him.

Just as the living Father sent me and I have life because of the Father,
so also the one who feeds on me will have life because of me.

This is the bread that came down from heaven.

Unlike your ancestors who ate and still died,
whoever eats this bread will live forever."

This is the Gospel of the Lord. *Praise be to You Lord Jesus Christ.*

REFLECTION – *from The Word Among Us*

My flesh is true food, and my blood is true drink. (John 6:55)

Have you ever had to go without food for an extended period of time? It wasn't a pleasant experience, was it? The longer we go without nourishment, the weaker we become. It feels as if our life is slowly draining from us - and in one sense, it is.

Jesus' words in today's Gospel make it clear that his Body and Blood are just as vital to us as food and drink are. Without the nourishment of the Eucharist, God's life in us can slowly start to drain away.

Here's an extreme example of how life-giving the Eucharist is. In his book *He Leadeth Me*, Fr. Walter Cizek described the risks he took each day to offer Mass at the Siberian labor camp where he was imprisoned: "I would go to any length, suffer any inconvenience, run any risk to make the bread of life available to these men."

The men worked long hours in frigid temperatures. Yet at noon, Cizek would celebrate Mass wherever he could say it undetected, whether in a storage shack or huddled in a building foundation. "Distractions caused by the fear of discovery . . . took nothing away from the effect that the tiny bit of bread and few drops of consecrated wine produced upon the soul," he wrote. These prisoners were just as dependent on Jesus' Body and Blood to keep them alive as they were on the meager food they received from their captors. The Eucharist had become their true food and true drink.

Ciszek wrote that he was “occasionally overcome with emotion . . . as I thought of how [God] had found a way to follow and to feed these lost and straying sheep in this most desolate land.” Today, may we too be filled with gratitude as we reflect on the generosity of a God who offers his life - and his very self - to us in the Eucharist.

“Jesus, thank you for the life you give me in your Body and Blood.”

(A few moments for silent reflection)

NICENE CREED

I believe in One God, the Father, the Almighty, Maker of heaven and earth, of all that is seen and unseen.

I believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one being with the Father.

Through Him all things were made. For us and for our salvation He came down from heaven; by the power of the Holy Spirit He was born of the Virgin Mary,
AND BECAME MAN.

For our sake he was crucified under Pontius Pilate; He suffered death and was buried.

On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

I believe in the Holy Spirit, the Lord and giver of life who proceeds from the Father. With the Father and the Son, He is worshipped and glorified. He has spoken through the prophets.

I believe in one, holy, catholic and apostolic church. I acknowledge one baptism for the forgiveness of sins. I look for the resurrection of the dead and the life ☩ of the world to come.
Amen.

PRAYER

Gracious Father, grant Your Church unity in Christ and peace with You. May we, who present these gifts to You, live according to the spirit of the Gospel and come to know eternal life.

We ask this in the name of Your Son, Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen.

OUR FATHER

Our Father, Who art in heaven, hallowed be Thy Name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.
Amen.

ACT OF SPIRITUAL COMMUNION

Most loving Jesus, I adore You in the Most Blessed Sacrament, in Which You are truly present. I love You above all things and I long for You in my soul. Since I cannot receive You sacramentally, I ask You to come spiritually into my heart and heal my soul. I embrace You and unite myself with You; may I never be separated from You. In flame my heart with the fire of Your love, my Lord and Savior.

COMMUNION VERSE

This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever.

PRAYER AFTER COMMUNION

Let us pray.

Almighty God, may the Sacrament of the Altar, the pledge of Your loves for us, move us to long for eternal happiness. We ask this through our Lord, Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen.

PRAYER FOR RACIAL JUSTICE

Let us pray. God our Creator, You are present in all Your sons and daughters. Forgive us when we allow hate, division, ignorance, and fear to separate and divide us, harming the unity for which Jesus prayed. Open our minds and hearts to see that You are the source of everyone and everything that is good, so that we see each other and ourselves as Your children who deserve to be treated with dignity and respect.

Inspire in us creative and loving action as we work for racial justice. May we courageously answer your call to care for each and every one of our brothers and sisters. May we strive to listen and learn with love as we act to build a more just society. We ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You in the unity of the Holy Spirit, one God, for ever and ever. Amen

(adapted from Liturgy Training Publications 2020)

PRAYER IN TIME OF NATIONAL ANXIETY

Let us pray.

I come to You, Lord, in this time of uncertainty and confusion that has gripped our nation and our world. I pray that our leaders and representatives in government are filled with Your peace, strength and courage. May your gifts of wisdom and understanding, fortitude and counsel be sought and utilized by them for the well-being of all people. By their belief and trust in You may they provide capable leadership, promote unity and peace, and be attentive to the concerns of our people. May Your Church provide support and comfort; and help strengthen our hope for peace through our Lord Jesus Christ. Amen.

THE ANGELUS – ASKING THE INTERCESSION OF OUR BLESSED MOTHER

- V. The Angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.
Hail Mary ...
- V. Behold the handmaid of the Lord.
R. Be it done unto me according to your word.
Hail Mary...
- V. And the Word was made Flesh.
R. And dwelt among us.
Hail Mary ...
- V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the promises of Christ.

Let us pray.

O Lord, we ask You, pour forth Your grace into our hearts; that we, to whom the incarnation of Christ, Your Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His Resurrection. We ask this through the same Jesus Christ, our Lord. Amen.

In the name of the ✠ Father and of the Son of the Holy Spirit. Amen.

CLOSING HYMN: JESUS, MY LORD AND SAVIOR

Jesus, my Lord and Savior, here would I worship Thee,
all that I have I give Thee, for Thou didst die for me.
Here in this Bread of Heaven, here in this host divine,
Thanksgiving praise and honor be ev'ry moment Thine.
All my vain pride I humble, all my poor soul I give,
unto my Lord and Savior, that with Him, I may live.

Sing, now, my soul in gladness, with all the host above,
sing of my dearest Jesus, sing of His precious love.
In praise and adoration I would my soul uplift.
And join in sweet communion, Receiving Heav'n gift.
O sacrament most holy, O bread of heav'n divine,
come to my soul, so sinful, come, cleanse this heart of mine.

*Compiled from 2006 PNCC Missal and the 2010 PNCC Prayer Book
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May 2020 for those who cannot attend Holy Mass due to the Covid 19 Pandemic*